



Training and Technical Assistance Center

Connecticut
Transportation
Institute

Connecticut Training & Technical Assistance Center

Training and Events

Module Five: Developing and Supporting a Resilient Team

A CT Transportation Leadership Program
REQUIRED Workshop—Cohort #7

This module will focus on assessing the qualities of yourself and your staff in order to develop into a resilient team capable of adapting to change and succeeding in crisis.

We will discuss critical thinking and problem solving skills as well as coaching techniques that will help you empower and build cohesion within your team. You will walk away with several tips and ideas to try.

Instructor

Sadie Lee Rosethorn, Senior Consulting Partner of KJR Consulting. Sadie is passionate about bringing out the best in individuals, teams, and organizations, and consistently provides the right balance of challenge, support, and education that clients need to reach their goals. Sadie holds Bachelor's Degrees in Psychology and Business Administration and a Master's Degree in Organizational Development & Leadership. She is a certified executive and personal growth coach, trained facilitator, and mediator.



Date & Location

September 21, 2023
Hebron, CT

Session is 8:30am—3:00pm
(Registration begins at 8:00am)
Lunch will be provided.

Learning Objectives

Upon completion of this class, participants will be able to:

- Discuss the importance of continuous self and team evaluation.
- Discuss the skill of critical thinking and how it is a useful tool in problem solving.
- Discuss the importance of creating and supporting a resilient team.
- Discuss opportunities where coaching and critical thinking can improve your team's resilience.

Registration

- Please visit www.cti.uconn.edu/cti/T2_Workshop_Schedule.asp to register for this class online.
 - Please email any questions to Bethe Greene at bethany.greene@uconn.edu.
 - **Cost:** (includes class materials and lunch)
 - \$125—This workshop is available only to Transportation Leadership Program Cohort #7 Participants
 - **Cancellation/Refund Policy:** The registration fee is refundable if notice of cancellation is received 48 hours prior to the start of the program. Registrants who are unable to attend and do not cancel in advance are subject to the registration fee. Substitutions may be made at any time. Please notify us of changes.
 - If you require an accommodation to participate in this workshop, please contact Bethe Greene at bethany.greene@uconn.edu.
 - If you have a dietary restriction, please notify us at the time of registration.
 - Video/Photographs may be taken for promotional and training purposes. Please notify us during registration if you do not wish to be photographed/filmed.
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